




NOVEMBER

2022

BREAKFAST



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
		Hot and Cold Cereal Poptarts	Egg Omelet Toast	Scones Cheese sticks	Cook's choice for HS Apple Strudels for ES	
6	7	8	9	10	11	12
	Long Johns Cheese sticks	Bacon and Egg Croissant	Mini French Toast Cheese Sticks	Biscuit Egg and Cheese	Breakfast Pizza	
13	14	15	16	17	18	19
	Mini Waffles Sausage Links	Muffin Variety Cheese Sticks	Breakfast Casserole	Sausage Gravy and Biscuits	English Muffins Ham and Egg Sandwich	
20	21	22	23	24	25	26
	Bagel with Egg Patty and Cheese Slice	Coffeecake Cheese Sticks	Breakfast Burrito		No school	
27	28	29	30	1	2	3
	Mini Strawberry and Cream Cheese Filled Bagels	Pancake on a Stick	Cinnamon Rolls Cheese Sticks			
4	5	6	7	8	9	10