





OCTOBER

BREAKFAST

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
	HOT AND COLD CEREAL TOAST	CHOCOLATE CHIP MUFFINS CHEESE STICKS	BISCUITS WITH BACON AND CHEESE	BREAKFAST PIZZA	NO SCHOOL FALL BREAK	
9	10	11	12	13	14	15
MENUS ARE SUBJECT TO CHANGE	CROISSANT, SAUSAGE, EGG AND CHEESE	EGG OMELET POPTARTS	CHERRY MUFFINS CHEESE STICKS	BREAKFAST BURRITOS-HAM	EGG AND CHEESE INDIVIDUAL PIZZAS	ALL BREAKFASTS SERVED WITH FRUIT, YOGURT, CEREAL, JUICE AND MILK
16	17	18	19	20	21	22
	MAPLE WAFFLES SAUSAGE LINKS	ENGLISH MUFFINS, HAM, EGG AND CHEESE	SAUSAGE GRAVY AND BISCUITS	PANCAKE ON A STICK	SCONES	
23	24	25	26	27	28	29
	NO SCHOOL TEACHER'S WORK DAY	TURNOVERS	CINNAMON ROLLS	APPLE CINNAMON MUFFINS CHEESE STICKS	FRENCH TOAST STICKS SAUSAGE LINKS	
30	31	1	2	3	4	5
	DONUTS CHEESE STICKS					

Month

Year

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY