

# The Knight Times



## What's Inside

School Board Minutes  
 Revenue/Expenses  
 Elementary News  
 Guidance Counselor Info  
 Box Tops For Education  
 Monthly Calendar's

## Upcoming Events

### August 8

School board mtg @ 7pm  
 HS Lecture Hall

### August 9

Blood Mobile @  
 Open Bible Church

### August 10

Loup to Loup  
 Drivers' Meeting -  
 SHS lecture hall  
 6pm

Teacher In-Service  
 Professional  
 Development

### August 11

7th grade orientation  
 @ SHS 7pm

Loup to Loup Road  
 Race

1st Day of School  
 is August 15th

7th Grade Orientation @ SHS 7pm Aug.  
 11th

Back to School Info Night (students &  
 parents grades 8-12)  
 @ SHS 7pm Aug. 15th





**ST Marching Band @ State Fair Aug. 29th**

**August 12**

Teacher In-Service  
Professional Development

Aflac

**August 13**

SORC Pancake Feed  
@ SHS

**August 15**

1st Day of School  
Back to school info  
night (students &  
parents grades 8-12)  
SHS @ 7pm

**August 22**

Board Budget Retreat  
7pm

**August 26**

Football vs Twin Loup  
@ Dunning 7:30

**April 29**

ST Band March @ State Fair

**Sandhills Public Schools  
Board of Education Regular Meeting  
July 11, 2016**

***MINUTES***

**Regular Board Meeting**

The meeting was called to order at 7:00 p.m. with all board members present including Dale Hafer.

**Verification of Publication**

Motion Milleson, second Teahon, to verify publication of minutes/notice in the Custer County Chief. Motion passed 6-0.

**Student Fees Hearing**

- a. The hearing on the student fees policy was called to order at 7:02 p.m. with all board members present including Dale Hafer.
- b. The present policy was reviewed. There were no receipts and no expenditures related to the student fees fund for 2015-16. The policy was not changed with the exception of dates were updated.
- c. The hearing was adjourned at 7:04 p.m.

**Consent Agenda**

Motion Bass, second Teahon to approve the consent agenda. Motion passed 6-0.

**Administrative Report**

- a. General goals and intentions related to the 2016-17 budget were discussed. The board provided input on budget options for Mr. Hafer to prepare to be discussed at the August 8, 2016 regular meeting. The 2016-17 board budget retreat will be held August 22 at 7:00 p.m. in the SHS lecture hall.
- b. Mr. Hafer reported summer work on the transportation fleet was going well and according to schedule to be ready for the start of the school year.
- c. The custodial crew is doing great work in getting the buildings and grounds ready for the new school year. Old equipment at the elementary was discussed which needs surplus.
- d. The new accounting software system, software unlimited, is working well and is proving to be a much improved system compared to the old system.
- e. Mr. Hafer informed the board on start dates for FB and VB conditioning (Aug 1 and 8 respectively).

- f. 7th grade orientation will be on 8/11 at 7 pm and 8-12 grade info night will be 8/15 at 7 pm. More details will be communicated via connect-ed, Facebook, and the district website.
- g. The district offers its sincere appreciation to the Cox Ranch of Purdum for donating a beef to the Sandhills Beef in Schools program.

### **ST Coop**

There will be an informational and back to school meeting for athletic coaches on 8/1 at 7 pm at Halsey.

### **New Business**

- a. No patrons were presents wishing to address the board.
- b. Motion Milleson, second Cox to accept the 2016-17 heating season propane bid from Sandhill Oil. Motion passed 6-0.
- c. Motion Teahon, second Martindale to surplus old elementary furniture and equipment on a first come first serve basis. Motion passed 6-0.
- d. Motion Cox, second Bass to approve the working copies of the HS and Elem student-parent handbooks for 2016-17. Motion passed 6-0.
- e. Motion Milleson, second Martindale to approve the 2016-17 Teacher Handbook. Motion passed 6-0.
- f. Motion Teahon, second Bass to approve the bus routes and schedules as presented for 2016-17. Motion passed 6-0.
- g. Motion Martindale, second Milleson to approve changes to the Master Contract due to BCBS raising deductible levels effective 9/1/16. Motion passed 6-0.
- h. Motion Milleson, second Cox to recognize the first reading of board policy revisions as recommended by NASB. Motion passed 6-0.
- i. Board President Anderson adjourned the meeting at 9:10 p.m.

### **Official Meetings Notice:**

The next regular board meeting of the Sandhills Public Schools will be 8/8/16 at 7:00 p.m. A budget retreat, for planning purposes only, will be held 8/22/16 at 7:00 p.m. Both meetings will be held in the HS lecture hall and are open to the public. Agendas are kept continually current and available to the public in the Supt.'s Office during regular hours with reasonable notice.

|   |           |
|---|-----------|
| Sandhills Public Schools General Fund July 2016 |           |
| Ace Hardware                                    | 687.20    |
| Activity Fund                                   | 10,000.00 |
| Apple Inc.                                      | 758.00    |
| Arrow Seed                                      | 25.99     |
| Cash-Wa Distributing                            | 463.90    |
| CCT Real Estate LLC                             | 150.00    |
| Celeste Rogers                                  | 307.00    |
| Classroom Direct                                | 152.28    |
| Computer Hardware, Inc.                         | 1,770.00  |
| Conditioned Air Mechanical Systems & Services   | 937.50    |
| Consolidated Telephone                          | 254.31    |
| Corporate Payment Systems                       | 1,085.14  |
| Custer County Chief                             | 38.36     |
| Custer Public Power District                    | 1,382.15  |
| DAS State Accounting - Central Finance          | 227.47    |
| Dunning Water                                   | 349.00    |
| ESU 10  | 1,836.25  |
| ESU 9   | 199.00    |
| ExploreLearning                                 | 700.00    |
| Fun Express, LLC                                | 37.78     |
| Harris  | 222.28    |
| HireRight Solutions Inc.                        | 250.00    |
| Holiday Inn                                     | 179.90    |
| Hometown Leasing                                | 595.52    |
| J&J Sanitation, Inc.                            | 686.21    |
| JE Water, LLC                                   | 208.03    |
| John Baylor Prep                                | 1,600.00  |
| JourneyEd.com, Inc.                             | 3,551.20  |
| Justin Nollette                                 | 35.00     |
| K C Electric                                    | 2,068.02  |

|   |            |
|---|------------|
| Karen Rooney                              | 386.08     |
| Lakeshore Learning Materials              | 753.53     |
| Linweld                                   | 669.24     |
| Map of the Month                          | 133.00     |
| National Art & School Supplies Inc.       | 121.83     |
| National Ice Beverage Cooler              | 85.00      |
| Nebraska Council of School Administrators | 600.00     |
| Nebraska Rural Comm Schools Assn          | 850.00     |
| Norm's Auto                               | 1,409.42   |
| Pearson Education                         | 147.27     |
| PGH&G Attorneys At Law                    | 300.00     |
| Presto X Company                          | 203.94     |
| Quill                                     | 274.99     |
| Really Good Stuff                         | 198.35     |
| Renaissance Learning, Inc.                | 2,948.00   |
| Sandhills Education Coop                  | 6,381.76   |
| School Specialty, Inc.                    | 860.57     |
| Simplex Time Recorder Co.                 | 661.27     |
| Software Unlimited, Inc.                  | 5,100.00   |
| Teacher Direct                            | 54.46      |
| Village of Thedford                       | 130.00     |
| Western Nebraska Bank, Purdum             | 42.50      |
| Payroll & Liabilities                     | 144,085.36 |
|   | 197,154.06 |

**General Fund Receipts**  
**June 2016**

| <b>Transaction Date</b> | <b>Description</b>                | <b>Customer</b>       | <b>Credit</b>        |
|-------------------------|-----------------------------------|-----------------------|----------------------|
| 6/15/2016               | Local District Taxes              | Custer Co. Treas      | \$ 7,223.19          |
| 6/15/2016               | Local District Taxes              | Blaine Co Treas       | \$ 214,006.90        |
| 6/15/2016               | Local District Taxes              | Thomas Co Treas       | \$ 17,587.11         |
| 6/15/2016               | Local District Taxes              | Loup Co Treas         | \$ 6,026.40          |
| 6/15/2016               | Local District Taxes              | Brown Co Treas        | \$ 3,904.00          |
| 6/15/2016               | Carline Tax                       | Custer Co. Treas      | \$ 242.74            |
| 6/15/2016               | Motor Vehicle Tax                 | Blaine Co Treas       | \$ 2,209.69          |
| 6/15/2016               | Motor Vehicle Tax                 | Thomas Co Treas       | \$ 655.48            |
| 6/15/2016               | Interest Local Revenues           | Custer Co. Treas      | \$ 2.41              |
| 6/15/2016               | Interest Local Revenues           | Blaine Co Treas       | \$ 108.07            |
| 6/15/2016               | Interest Local Revenues           | Thomas Co Treas       | \$ 243.25            |
| 6/15/2016               | Interest Local Revenues           | Western Nebraska Bank | \$ 139.74            |
| 6/15/2016               | Co Fines And License Fees         | Blaine Co Treas       | \$ 387.50            |
| 6/15/2016               | Co Fines And License Fees         | Thomas Co Treas       | \$ 46.88             |
| 6/15/2016               | Education Service Unit Rec        | ESU 10                | \$ 806.00            |
| 6/15/2016               | State Aid                         | State of Nebraska     | \$ 5,204.50          |
| 6/15/2016               | Special Ed Programs               | State of Nebraska     | \$ 10,043.00         |
| 6/15/2016               | Homestead Exemption               | Custer Co. Treas      | \$ 26.61             |
| 6/15/2016               | Homestead Exemption               | Blaine Co Treas       | \$ 409.18            |
| 6/15/2016               | Homestead Exemption               | Thomas Co Treas       | \$ 218.85            |
| 6/15/2016               | Medicaid                          | State of Nebraska     | \$ 117.84            |
| 6/15/2016               | Medicaid                          | Patrons               | \$ 385.13            |
| 6/15/2016               | Medicaid                          | State of Nebraska     | \$ 505.84            |
| 6/15/2016               | Federal Vocational - CARL PERKINS | ESU 10                | \$ 600.00            |
| 6/15/2016               | Non Program Revenue               | Patrons               | \$ 60.00             |
| <b>Total</b>            |                                   |                       | <b>\$ 271,160.31</b> |

A new year of school has finally arrived!! Here is a suggested list of supplies that your student might need during the school year.

## Kindergarten Supply List

A book bag

A box of Kleenex

A paint shirt

8 crayons (twistable) – No markers or colored pencils

6 glue sticks

Scissors

Pencils

Beach towel for rest time

A plastic, non-breakable cup (preferably with a lid)



# Suggested 1st Grade Supply List 2016-17

Book Bag

Water Bottle with a lid that will close tight!

Pencils (No mechanical pencils!)

Crayons

2 boxes of Kleenex

Paint shirt

Pencil Box

Scissors

Glue Sticks

(Colored Pencils are optional)

Other supplies may need needed from time to time  
during the year.

## Second Grade Supplies:

Small school box

Several pencils

Erasers

Glue sticks

Crayons and colored pencils

1 pen, any color

Scissors

Paint shirt

Water bottle

1 box of Kleenex

# Third Grade Supplies:

Backpack

Small school box

Box of pencils

1 large Eraser

Pencil Erasers

Wide Ruled Notebook paper

3 Glue sticks

Crayons

Colored pencils

Scissors

Paint shirt

Water bottle that can be closed

2 boxes of Kleenex

Other supplies may be needed from time to time during the year.

# 4th Grade Suggested Supply List

A lot of pencils and loose leaf paper

Erasers

A pen

A pair of scissors

Colored pencils

Kleenex box

A water bottle that will NOT leak

Your collage of yourself for the first day of school.

**Please NO mechanical pencils or trapper keepers, due to amount of room in desks.**

## **5/6 supply list:**

Paper (wide ruled notebooks work well)

pencils

red correcting pen

some way to organize papers (homework, etc.)

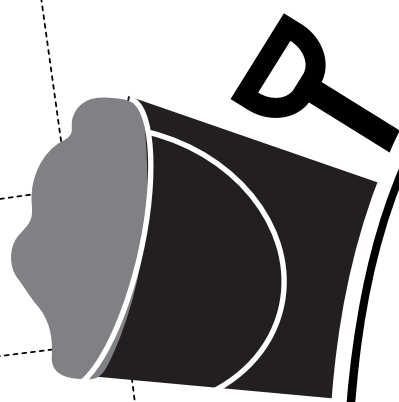
all other supplies are available in the room

students are free to bring their own: rulers,  
colored pencils, crayons, etc.

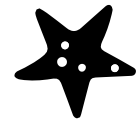
Mr. Harvey will supply weekly assignment sheets.



A collection of 40 dashed rectangular boxes arranged in a grid-like pattern, intended for students to place their box tops.



**BOX TOPS ARE A  
SHORRE  
TIGHTING!**



Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school. Bonus certificates should not be attached to this sheet - please submit them separately. To see more ways to earn cash for your child's school, go to [BTFE.com](http://BTFE.com). See more collection sheets at [BTFE.com/collectionsheets](http://BTFE.com/collectionsheets).

**2016-2017  
LUNCH PRICES**

|            | <u>Per Meal</u> |
|------------|-----------------|
| K-2        | \$2.40          |
| 3-6        | \$2.55          |
| 7-12       | \$2.70          |
| Adults     | \$3.50          |
| Reduced    | \$.40           |
| Extra Milk | \$.30           |

Extra main dish for K-12 and adult \$1.30

**BREAKFAST PRICES**

|         |        |
|---------|--------|
| Student | \$1.25 |
| Adult   | \$1.25 |
| Reduced | \$.30  |

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**If your child(ren) qualified for free or reduced price meals at the end of last school year, you must submit a new application by September 23 in order to avoid an interruption in meal benefits.**

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**Gate Prices: Regular Games \$3 Students, \$4 Adults**

**ACTIVITY PASSES AVAILABLE**

Activity passes for the 2016-2017 sports season are on sale now. Cost will be **Adults...\$28.00** and **Students K-12...\$14.00**. Passes are available from the High School office in Dunning. The passes will be mailed to you. Purchasing an activity pass will allow admittance to all the home games in Dunning or in Thedford. Plus, an activity pass will be honored for non-athletic events such as a school play, etc. The passes **WILL NOT** be honored for MNAC, District Tournaments or Holiday and Post Holiday Tournament home games.

| Part 1: Children in School   |                                   |                              |       |
|--|-----------------------------------|------------------------------|-------|
| List names of all children, including foster children, in school. If all children listed are foster, skip to Part 4 to sign the form. (First, Middle Initial, Last Name) | Check box below if a foster child | Name of School Child Attends | Grade |
|  | <input type="checkbox"/>          |                              |       |
|  | <input type="checkbox"/>          |                              |       |
|  | <input type="checkbox"/>          |                              |       |
|  | <input type="checkbox"/>          |                              |       |
|  | <input type="checkbox"/>          |                              |       |

**Part 2: Assistance Programs – SNAP, TANF or FDIPIR Benefits**  
 Enter **MASTER CASE NUMBER** if household qualifies for SNAP, TANF or FDIPIR: (Social Security numbers, Medicaid numbers and EBT numbers are not accepted.) Skip to Part 4

**Part 3: Total Household Gross Income – You must tell us how much and how often.**

| 1. Household Members<br>List everyone in the household, current income each person earns in whole dollars (no cents) & how often. Entering "0" or leaving the income field blank certifies no income to report. A foster child's personal use income must be listed. | 2. Gross Income (before taxes) and How Often it was Received |           |   |           |   |           |
|--|--|-----------|---|-----------|---|-----------|
|  | Earnings from Work before deductions                         |           | Public Assistance, Child Support, Alimony |           | Pensions, Retirement and All Other Income |           |
|  | Income   | How often | Income                                    | How often | Income                                    | How often |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |
|  |  |           |   |           |   |           |

Total Number of Household Members: (Children and Adults) \_\_\_\_\_  
 Last four digits of Social Security Number (SSN) of the adult signing this form: XXX – XXX – \_\_\_\_\_ Check if no SSN

**Part 4: Adult Signature and Contact Information – An adult household member must sign the application.**  
*"I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits and I may be prosecuted under applicable State and Federal laws."*

Sign here: \_\_\_\_\_ Print name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Street Address (if available): \_\_\_\_\_ Zip: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

**Part 5: Children's Ethnic and Racial Identities – Optional**

**Check one Ethnic Identity:** – and – **Check one or more Racial Identities:**

Hispanic or Latino       Asian       Black or African American       Native Hawaiian or other Pacific Islander  
 Not Hispanic or Latino       White       American Indian or Alaskan Native

**Do Not Fill Out the Section Below - For School Use Only**

Annual Income Conversion:      Weekly X 52;      Every 2 weeks X 26;      Twice a month X 24;      Monthly X 12

Total Household Size: \_\_\_\_\_  
 Total Income: \_\_\_\_\_ per \_\_\_\_\_  
 Year     Month     2 X Mo     Every 2 Wks     Week

Free       Reduced       Denied  
 Income      Reason for denial:  
 Categorically eligible:       Income too high  
 SNAP/TANF/FDIPIR       Incomplete application  
 Foster Child

Signature of Determining Official: \_\_\_\_\_ Date Approved: \_\_\_\_\_

**FOR THE VERIFICATION PROCESS ONLY:**

Signature of Confirming Official: \_\_\_\_\_ Date Confirmed: \_\_\_\_\_ Date Withdrawn From School: \_\_\_\_\_  
 Signature of Verifying Official: \_\_\_\_\_ Date Verified: \_\_\_\_\_



Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

| FEDERAL INCOME CHART<br>for School Year 2016-17 |        |         |                 |                 |        |
|---|--------|---------|-----------------|-----------------|--------|
| Household size                                  | Yearly | Monthly | Twice per Month | Every Two Weeks | Weekly |
| 1   | 21,978 | 1,832   | 916             | 846             | 423    |
| 2   | 29,637 | 2,470   | 1,235           | 1,140           | 570    |
| 3   | 37,296 | 3,108   | 1,554           | 1,435           | 718    |
| 4   | 44,955 | 3,747   | 1,874           | 1,730           | 865    |
| 5   | 52,614 | 4,385   | 2,193           | 2,024           | 1,012  |
| 6   | 60,273 | 5,023   | 2,512           | 2,319           | 1,160  |
| 7   | 67,951 | 5,663   | 2,832           | 2,614           | 1,307  |
| 8   | 75,647 | 6,304   | 3,152           | 2,910           | 1,455  |
| Each additional person:                         | 7,696  | 642     | 321             | 296             | 148    |

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410
- (2) Fax: (202) 690-7442; or
- (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

## Computing Income for Self-Employed Individuals

Individuals who are self-employed or engaged in farming may experience variations in cash flow and cannot easily report a monthly income. These individuals may use their 2015 U.S. Individual Income Tax Return Form 1040 to report self-employment income for the free and reduced price meal application. The income to be recorded is income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses, such as interest on home mortgages, medical expenses and other similar non-business items are not allowed in reducing gross business income.

USDA announced that **losses** (negative numbers) on the lines listed below can be used to determine the **total** income for this attachment. If the **total** income is a negative number, it must then be recorded as zero on the application in the category labeled "All Other Income".

Zero income resulting from the use of Form 1040 does not require follow-up.

Please note: Line 7 cannot be reported as current income. Income from wages or salaries must be reported on the application for the most recent month.

Line 22 (total income) and line 37 (adjusted gross income) may not be used for purposes of applying for free and reduced-price meals.

The required information for determining the allowable income from self-employment is to be taken from the **2015 U.S. Individual Income Tax Return Form 1040**.

|                                    |  |  |
|------------------------------------|--|--|
| Line 12, Business Income (or loss) |  |  |
| Line 13, Capital Gain (or loss)    |  |  |
| Line 14, Other Gains (or losses)   |  |  |
| Line 17, Rental Real Estate, etc.  |  |  |
| Line 18, Farm Income (or loss)     |  |  |

**NOTE:** If any members of the household have income from wages or salary, the gross income from last month must be reported on the application form.

This attachment is used only to report income from self-employment and/or farming.

Total of above lines: \_\_\_\_\_ equals annual self-employed income\*

**If the total of the above lines is a negative number, it must be changed to zero before it is transferred to the application.**

\* This figure can be reported on the application under "Earnings from Work."

**TIMES ARE APPROXIMATE AND ARE SUBJECT TO CHANGE**  
**WEATHER WILL AFFECT THESE TIMES!!!**

**2016-17 Bus Route Schedules**

\*To be finalized once official count/riders is determined in August.

| <b>Purdum Route</b> | <i>Pick Up Point</i> | <i>Morning Pick Up Time</i> |                | <i>Afternoon Drop Off Time</i> | <i>10:00 Late Start Pick Up Time</i> |
|---------------------|----------------------|-----------------------------|----------------|--------------------------------|--------------------------------------|
|                     | Chavez               | 7:00 AM                     |                | 4:35 PM                        | 9:00 AM                              |
|                     | Cox                  | 7:10 AM                     |                | 4:30 PM                        | 9:10 AM                              |
|                     | Kennedy              | 7:13 AM                     |                | 4:25 PM                        | 9:13 AM                              |
|                     | Arrive @ Purdum      | 7:17 AM                     |                | 4:20 PM                        | 9:17 AM                              |
|                     | Naber                | 7:25 AM                     |                | 4:15 PM                        | 9:25 AM                              |
|                     | Swisher              | 7:32 AM                     |                | 4:12 PM                        | 9:32 AM                              |
|                     | Arrive @ Halsey      | 7:37 AM                     |                | 4:10 PM                        | 9:37 AM                              |
|                     | Arrive @ Dunning     | 7:50 AM                     | Leave 3:55 PM  |                                | 9:50 AM                              |
|                     | Leave Dunning        | 7:55 AM                     | Arrive 3:47 PM |                                | 9:55 AM                              |
|                     | Leach, Saner         | 8:05 AM                     |                | 3:38 PM                        | 10:05 AM                             |
|                     | Arrive @ Halsey      | 8:12 AM                     | Leave 3:35 PM  |                                | 10:12 AM                             |

| <b>Brewster Route</b> | <i>Pick Up Point</i> | <i>Morning Pick Up Time</i> |                | <i>Afternoon Drop Off Time</i> | <i>10:00 Late Start Pick Up Time</i> |
|-----------------------|----------------------|-----------------------------|----------------|--------------------------------|--------------------------------------|
|                       | Leave Dunning        | 6:30 AM                     |                |                                | 8:25 AM                              |
|                       | Arrive @ GV Church   | 7:05 AM                     |                |                                | 8:55 AM                              |
|                       | Leave GV Church      | 7:10 AM                     | Arrive 4:37 PM |                                | 9:00 AM                              |
|                       | Peterson             | 7:14 AM                     |                | 4:32 PM                        | 9:04 AM                              |
|                       | Bradley              | No Am                       |                | 4:27 PM                        | No AM                                |
|                       | Arrive @ Brewster    | 7:21 AM                     | Leave 4:24 PM  |                                | 9:11 AM                              |
|                       | Leave Brewster       | 7:25 AM                     | Arrive 4:20 PM |                                | 9:15 AM                              |
|                       | Milleson             | 7:33 AM                     |                | 4:12 PM                        | 9:33 AM                              |
|                       | Saner                | 7:37 AM                     |                | 4:08 PM                        | 9:37 AM                              |
|                       | Arrive @ Dunning     | 7:50 AM                     | Leave 3:55 PM  |                                | 9:50 AM                              |

| <b>Southwest Route</b> | <i>Pick Up Point</i> | <i>Morning Pick Up Time</i> |                | <i>Afternoon Drop Off Time</i> | <i>10:00 Late Start Pick Up Time</i> |
|------------------------|----------------------|-----------------------------|----------------|--------------------------------|--------------------------------------|
|                        | Leave Dunning        | 7:10 AM                     | Arrive 4:55 PM |                                | 9:00 AM                              |
|                        | Collier              | No AM                       |                | 4:30 PM                        | No AM                                |
|                        | Downing              | No AM                       |                | 4:25 PM                        | 9:20 AM                              |
|                        | Stithems             | 7:32 AM                     |                | 4:13 PM                        | 9:32 AM                              |
|                        | Hafer/Hewett         | No AM                       |                | 4:05 PM                        | 9:40 AM                              |
|                        | Arrive @ Dunning     | 7:50 AM                     | Leave 3:55 PM  |                                | 9:50 AM                              |

| <b>Northwest Route</b> | <i>Pick Up Point</i> | <i>Morning Pick Up Time</i> |  | <i>Afternoon Drop Off Time</i> | <i>10:00 Late Start Pick Up Time</i> |
|------------------------|----------------------|-----------------------------|--|--------------------------------|--------------------------------------|
|                        | Scheer's Driveway    | 7:05 AM                     |  | 4:35 PM                        | 9:05 AM                              |
|                        | Arrive @ Halsey      | 7:35 AM                     |  | 4:05 PM                        | 9:35 AM                              |



## Nursing Notes

Welcome Back! I hope everyone had a fun and safe summer. I am honored and excited to be your school nurse this year. My goal is to keep our students healthy and in the classroom.

Students entering 7th grade are required to have a physical and an immunization called Tdap (tetanus, diphtheria, pertussis) prior to the first day of school.

Kindergarten students are required to have an eye exam, physical within 6 months of the first day of school & updated immunizations prior to the first day of school. Parents please make sure the school receives the proper paperwork, which is required by the state.

If your child has asthma, diabetes, or allergic reactions to medicine/environment please let the school know as an Action Plan needs to be filled out and signed by the child's doctor.

I look forward to a great and healthy year.

Chelsea Zutavern RN, BSN

# Back to School Checklist

## for Parents who have a child with Asthma

If your child has been diagnosed with asthma, reactive airways disease or chronic bronchitis and has been prescribed daily medicines to take “as needed” for breathing problems, it is important to work with your child’s school to take care of your child.

- Schedule a check-up with your child’s doctor.**  
This is a great time to check your child’s asthma management, get a written asthma action plan, update medicines and holding chambers or peak flow meters as needed.
- Talk with your child’s doctor** about when your child should stay home from school due to asthma symptoms or illness. Mild asthma symptoms can usually be handled at school, but there are a number of reasons to think about when deciding whether to keep your child at home or send him to school.
- Meet & Inform the school.**  
Talk to the school nurse, teachers, coaches, support staff and bus driver. Let them know what makes your child’s asthma flare up, how your child communicates this and how to best take care for them.
- Provide emergency contact information to the school.**  
Let the school know how to best contact you in case of emergency and keep this information up to date!
- Bring a written Asthma Action Plan to school.**  
This plan outlines daily asthma management and how to know and handle worsening breathing signs.
- Bring the quick-relief (albuterol) medicine to school.**  
This medicine is prescribed to relieve symptoms and open airways quickly. Please provide a holding chamber/spacer device to enhance delivery of the medication.
- PE & Recess** — If your child needs pre-treatment before exercise, let the school know and work with the school on a plan for pre-treatment.
- Encourage** your child to ask their teacher, coach, bus driver or school staff for help when they are having problems breathing.
- Think** about investing in a medical awareness bracelet for your child to wear and having your child vaccinated against seasonal influenza.



[www.attackonasthma.org](http://www.attackonasthma.org)

AOAN 06/11

# Back to School Checklist

## for Parents who have a child with Life-Threatening Allergy

When your child has been diagnosed with a life-threatening allergy to food, insect stings, medicine or latex, it is important to work with your child's school to take care of your child.

**Schedule a check-up with your child's doctor.**

This is a great time to check your child's allergy, get a written allergy action plan, update any medicines including auto-injectable epinephrine and review how to use it.

**Meet and Inform the school.**

Talk to the school nurse, teachers, coaches and bus driver. Tell them about your child's allergy and past allergic reactions. Introduce your child to them and give a picture of your child for their allergy action plan.

**Give emergency contact information to the school.**

Let the school know how to best contact you in case of an emergency and to keep this information up to date!

**Bring a written Allergy Action Plan.**

This plan, as a rule is signed by a doctor, outlines the allergy, what substance needs to be avoided and how to know and handle emergencies.

**Bring the auto-injectable epinephrine to school.**

Auto-injectable epinephrine is prescribed to relieve symptoms and open airways quickly.

**Encourage** your child to ask their teacher, coach, bus driver or school staff for help when they are having problems breathing or know they have been in contact with the substance they are allergic to.

**Teach** your child about their specific allergy and how to avoid allergens as much as possible.

**Think** about investing in a medical awareness bracelet for your child to wear.



[www.attackonasthma.org](http://www.attackonasthma.org)

# **KNIGHTS'**



# **CHEER CLUB!**

**Come join the fun and cheer on our  
Knights!**

**Practice starts Wednesday, August 17th.  
Learning new cheers, dances, and more!  
Halftime Performances!**

**Contact Chelsea Zutavern for more  
information (308) 538-2375**

# August

# Breakfast

| Sunday | Monday                                     | Tuesday   | Wednesday                  | Thursday                              | Friday   | Saturday                               |
|--------|--|---|----------------------------|---------------------------------------|--|--|
|        | 1  | 2   | 3                          | 4                                     | 5  | 6                                      |
| 7      | 8  | 9   | 10                         | 11                                    | 12   | 13                                     |
| 14     | 15<br>Choc. Chip Muffins                   | 16<br>Breakfast Burritos                                | 17<br>Apple Coffee Cake    | 18<br>Pancake on a stick              | 19<br>Cinnamon Rolls                             | 20                                     |
| 21     | 22<br>French Toast sticks<br>Sausage links | 23<br>Bagels with jelly, cream<br>cheese, peanut butter | 24<br>Egg omelets<br>Toast | 25<br>Sausage gravy over a<br>biscuit | 26<br>Tornadoes                                  | 27                                     |
| 28     | 29<br>Biscuit with ham patty,<br>cheese    | 30<br>Long Johns  | 31<br>Breakfast pizza      |                                       |  |  |
|        |  |   |                            |                                       | Yogurt, fruit & cereal<br>served with every meal | Juice & milk served with<br>every meal |



# August

# Lunch

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        | 1      | 2       | 3         | 4        | 5      | 6        |
| 7      | 8      | 9       | 10        | 11       | 12     | 13       |
| 14     | 15     | 16      | 17        | 18       | 19     | 20       |
|        |        |         |           |          |        |          |
|        |        |         |           |          |        |          |
|        |        |         |           |          |        |          |
| 21     | 22     | 23      | 24        | 25       | 26     | 27       |
| 28     | 29     | 30      | 31        |          |        |          |
|        |        |         |           |          |        |          |
|        |        |         |           |          |        |          |
|        |        |         |           |          |        |          |

Fruit/Vegetable bar served with every meal

Water & milk served with every meal

# August

# 2016

| Sunday | Monday  | Tuesday                                  | Wednesday   | Thursday  | Friday   | Saturday                         |
|--------|---|--|---|---|--|----------------------------------|
|        | 1   | 2  | 3   | 4   | 5  | 6                                |
| 7      | 8<br>School Board Meeting @<br>7:00 pm HS Lecture Hall  | 9<br>Blood Mobile @ Open<br>Bible Church | 10<br>Loup to Loup Drivers'<br>Meeting - SHS lecture<br>hall 6 pm<br>Teacher In--Service<br>Professional<br>Development | 11<br>7th Grade Orientation @<br>SHS 7 pm<br>Loup to Loup Road Race | 12<br>Teacher In-Service<br>Professional<br>Development<br>Aflac | 13<br>SORC Pancake Feed @<br>SHS |
| 14     | 15<br>1st Day of School<br>Back to School Info<br>Night (students &<br>parents grades 8-12)<br>SHS @ 7 pm | 16                                       | 17  | 18  | 19   | 20                               |
| 21     | 22<br>Board Budget Retreat 7<br>pm  | 23                                       | 24  | 25  | 26<br>Football vs Twin Loup<br>@Dunning 7:30                     | 27                               |
| 28     | 29<br>ST band March at State<br>Fair  | 30                                       | 31  |   |  |                                  |